

Signposting for teachers, parents, and children and young people from groups of who may be more vulnerable during this time of school closures and social isolation.

Children who are:	Risks or concerns	Available advice and support
<ul style="list-style-type: none"> <li>looked after at home</li> </ul>	<ul style="list-style-type: none"> <li>strain on or breakdown of relationships</li> <li>strain due to financial/employment instability of primary carer</li> <li>lack of confidence/capacity of parent to support wellbeing/education of child</li> <li>lack of parental control and ability to ensure YP self-isolates/stays in</li> <li>child protection issues</li> <li>worry about upcoming Children's Hearing</li> </ul>	<p>Advice for:</p> <p><b>Parents and Children and Young People</b></p> <ul style="list-style-type: none"> <li>Local Social Work Offices (email/telephone)</li> <li>Out of hours Social Work (email/telephone)</li> <li><a href="#">Barnardo's</a></li> <li>SCRA: <a href="#">Coronavirus and your Hearing</a></li> </ul> <p><b>Children and Young People</b></p> <ul style="list-style-type: none"> <li><a href="#">Childline</a></li> </ul>
<ul style="list-style-type: none"> <li>in kinship or foster care</li> </ul>	<ul style="list-style-type: none"> <li>strain on or breakdown of relationships</li> <li>strain due to financial/employment instability of primary carer</li> <li>breakdown of placement</li> <li>lack of carer's control and ability to ensure YP self-isolates/stays in</li> <li>lack of confidence/capacity of carer to support wellbeing/education of child</li> <li>worry about upcoming Children's Hearing</li> </ul>	<p>Advice for:</p> <p><b>Kinship and Foster carers</b></p> <ul style="list-style-type: none"> <li><a href="#">Fosterline</a></li> <li><a href="#">Kinship Care Scotland</a></li> </ul> <p><b>Parents, Carers and Young People</b></p> <ul style="list-style-type: none"> <li>SCRA: <a href="#">Coronavirus and your Hearing</a></li> </ul>
<ul style="list-style-type: none"> <li>in a residential unit or school</li> </ul>	<ul style="list-style-type: none"> <li>group living -&gt;higher risk of social contact and spread of virus</li> <li>loss of placement due to unit closure (for financial reasons or due to virus)</li> <li>strain on or breakdown of relationships</li> <li>lack of stability and unit unsettled due to high staff absence</li> <li>high levels of anxiety in staff and CYP</li> <li>increased risk of mental health issues such as self-harming</li> <li>worry about upcoming Children's Hearing</li> <li>breakdown of placement</li> </ul>	<p>Advice for:</p> <p><b>Local Authority Staff</b></p> <p>Link to Children's rights teams</p> <p><b>Parents and Care Services</b></p> <ul style="list-style-type: none"> <li><a href="#">Information and guidance for care services</a> and parents about Covid 19/school closures/staffing</li> </ul> <p><b>Parents, Carers and Young People</b></p> <ul style="list-style-type: none"> <li>SCRA: <a href="#">Coronavirus and your Hearing</a></li> </ul>
<ul style="list-style-type: none"> <li>in a secure care facility</li> </ul>	<ul style="list-style-type: none"> <li>Last 3 points above plus</li> <li>Increased risk of seclusion for long periods of time (due to contraction of virus or lack of staff to safely supervise)</li> <li>high levels of anxiety in staff and CYP</li> <li>increased risk of mental health issues eg. self-harming and professional support for this</li> <li>worry about upcoming trial/children's hearing</li> </ul>	<p>Advice for:</p> <p><b>Parents and Care Services :</b></p> <ul style="list-style-type: none"> <li>Care Inspectorate: <a href="#">Information and guidance for care services</a> about Covid 19/staffing</li> </ul> <p><b>Parents, Carers, and Children and Young People</b></p> <ul style="list-style-type: none"> <li>SCRA: <a href="#">Coronavirus and your Hearing</a></li> </ul>

<ul style="list-style-type: none"> <li>• complex ASNs</li> </ul>	<ul style="list-style-type: none"> <li>• strain on or breakdown of relationships</li> <li>• strain due to financial/employment instability of primary carer</li> <li>• reduced contact with services to support care routines and moving and handling/postural management routines</li> <li>• increased risk of muscular-skeletal deterioration, bowel and chest management and cardio-vascular wellbeing due to reduced access to postural management equipment.</li> </ul>	<p>Advice for:</p> <p><b>Teachers, Parents, and Children and Young People</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Afacic</a>- National charity for Developmental Language Disorders offering advice , information and support.</li> <li>• <a href="#">Autism Toolbox</a> – new <a href="#">Covid 19 information page</a></li> <li>• <a href="#">British Academy of Childhood Disability</a> – Resources</li> <li>• <a href="#">CALL Scotland</a> – symbol resources explaining Covid 19</li> <li>• <a href="#">CHAS</a> – Support for those with life shortening conditions</li> <li>• <a href="#">ENABLE</a> supporting disabled individuals</li> <li>• <a href="#">ENQUIRE</a>: General advice - ASL</li> <li>• <a href="#">Mencap</a> – how to involve children in decision making</li> <li>• <a href="#">PAMIS</a> –Support and services for those with profound and multiple learning difficulties</li> <li>• <a href="#">The Sensory Projects</a> - COVID 19 educational resources for home-schooling</li> <li>• <a href="#">Wellchild</a> – National Charity for sick children</li> </ul>
<ul style="list-style-type: none"> <li>• deaf learners</li> </ul>	<ul style="list-style-type: none"> <li>• many deaf parents have poor literacy levels and will find home-schooling difficult</li> <li>• limited access to information and online learning suitable for deaf learners (or parents)</li> <li>• lack of ongoing mentoring/advocacy support as deaf learners often need face to face support</li> <li>• lack of targeted information in BSL</li> </ul>	<p>Advice for:</p> <p><b>Parents and Children and Young People</b></p> <ul style="list-style-type: none"> <li>• <a href="#">BSL video with Coronavirus (COVID-19) guidance</a></li> <li>• <a href="#">BSL glossary of subject terms</a></li> <li>• <a href="#">BSL - Coronavirus (COVID-19) Social Distancing You Tube</a></li> <li>• BSL users access to the online <a href="#">British Sign Language video relay interpreting service</a> (VRS) 24 / 7</li> <li>• British Deaf Association Mentoring Officer Email: <a href="mailto:mentorscot.drp@bda.org.uk">mentorscot.drp@bda.org.uk</a></li> </ul>
<ul style="list-style-type: none"> <li>• anxious or have mental health issues</li> </ul>	<ul style="list-style-type: none"> <li>• raised anxiety leading to distressed behaviours, such as, withdrawal, risk taking, self-harming, ...</li> <li>• lack of access to protective factors, such as, familiar places, people, routines...</li> <li>• lack of confidence or capacity of parents/carers to support their child or young person with their anxiety.mental health or the resulting behaviour</li> <li>• increase in anxiety or regression in mental health as isolation period progresses</li> </ul>	<p>Advice for:</p> <ul style="list-style-type: none"> <li>• <a href="#">Coronavirus (COVID-19) information for children, families and professionals</a></li> </ul> <p><b>Young People</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Young minds</a></li> <li>• <a href="#">Mind for better mental health</a></li> <li>• <a href="#">Childline – Your Feelings</a></li> </ul> <p><b>Parents/carers</b></p> <ul style="list-style-type: none"> <li>• <a href="#">NSPCC – Keeping Children Safe</a></li> </ul>

<ul style="list-style-type: none"> <li>• young carers</li> </ul>	<ul style="list-style-type: none"> <li>• no respite from caring responsibilities and cumulative effect of stress over time</li> <li>• lack of confidence/capacity of parent to support wellbeing/education of child</li> <li>• lack of practical support for care of parent/sibling</li> <li>• at risk of anxiety/mental health issues (see below)</li> <li>• anxiety about lack of qualifications due to absence or poor performance due to effect of caring responsibilities</li> <li>• lack of connection with or ability to review carer's statement</li> </ul>	<p>Advice for:</p> <p><b>Unpaid carers</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Scottish Government advice about Covid-19</a></li> </ul> <p><b>Teachers/Parents/Young Carer's:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Supporting Young Carers in Education</a></li> <li>• <a href="#">Carer's Trust</a></li> </ul> <p><b>Young Carer's:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Young Scot</a> (NB. Young Carer's Grants available)</li> <li>• <a href="#">SQA website for guidance about exams/coursework</a></li> </ul>
<ul style="list-style-type: none"> <li>• June school leavers</li> </ul>	<ul style="list-style-type: none"> <li>• anxiety about lack of evidence for true assessment of levels due to previous absence or poor performance</li> <li>• pupils studying at N3/4 level – no prelims or potentially coursework due to absence</li> <li>• worry that pupils will leave school without entrance requirements for College in September</li> </ul>	<p>Advice for:</p> <p><b>All</b></p> <ul style="list-style-type: none"> <li>• <a href="#">SQA website for guidance about exams/coursework</a></li> </ul>

Useful mixed resources and guidance from [Association of Scottish Principle Educational Psychologists](#)